


# Baker Senior Center Naples | March 2023

Mon	Tue	Wed	Thur	Fri
 <p><b>Baker Senior Center Naples</b></p>	<p><b>6200 Autumn Oaks Lane Naples, FL 34119 239-325-4444</b></p> <p><a href="https://www.naplesseniorcenter.org/senior-center/">https://www.naplesseniorcenter.org/senior-center/</a></p>	<p><b>1</b> 9:45 Get Fit with Irene 11:00 Lunch &amp; More – featuring SHINE <i>**Lunch is Served at 12pm</i> 2:00 Ukulele Lessons 2:30 Movie Matinee: <i>Where the Crawdads Sing</i> 3:00 HUGS; Happy Ukulele Group <i>*Tech Assistance Available by Appt.</i></p>	<p><b>2</b> 10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 1:00 Peg Doyle – Ageism 1:30 Senior Fitness w/ Paula 2:00 Beginner Line Dancing 3:00 Line Dancing</p>	<p><b>3</b> 9:45 Chair Yoga w/ Susan 10:00 Acrylic Art 11:00 Advanced Tai Chi 12:00 Garden Club 12:30-3:30 Cards &amp; Games 1:00 Learn to Play Canasta</p>
<p><b>6</b> 9:45 Total Fitness w/ Grace 10:00 Creative Cards 11:00 Simple Tai Chi 1:00 Watercolor w/ Lorie 1:00 Opera for Everyone 2:00 Chair Yoga DVD</p>	<p><b>7</b> 10:00 Bone Builders 10:00 Needleworks 11:00 Advanced Tai Chi 12:30 Current Events Group <u>1:00 Artistic Expressions Zoom</u> 1:00 Beijing 24 2:30 Writing for the Fun of It! 3:00 Sing Along</p>	<p><b>8</b> 9:45 Get Fit with Irene 11:00 Lunch &amp; More – featuring Healthy Eating for Disease Prevention <i>**Lunch is Served at 12pm</i> 2:00 Ukulele Lessons 2:30 Movie Matinee: <i>The Swimmers</i> 3:00 HUGS; Happy Ukulele Group <i>*Tech Assistance Available by Appt.</i></p>	<p><b>9</b> 10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 1:00 VIP – Veterans in Paradise 1:30 Senior Fitness w/ Paula 2:00 Beginner Line Dancing 3:00 Line Dancing</p>	<p><b>10</b> 9:45 Chair Yoga w/ Susan 10:00 Acrylic Art 11:00 Advanced Tai Chi 12:00 Garden Club 12:30-3:30 Cards &amp; Games 1:00 Learn to Play Canasta</p>
<p><b>13</b> 9:45 Total Fitness w/ Grace 10:00 Empty Bowls 11:00 Simple Tai Chi 1:00 Watercolor w/ Lorie 1:30 Museum Masterpieces: The Louvre 2:00 Chair Yoga DVD 3:00 Afternoon Piano with Doug Williams</p>	<p><b>14</b> 10:00 Bone Builders 10:00 Needleworks 11:00 Advanced Tai Chi 12:30 Current Events Group <u>1:00 Artistic Expressions Zoom</u> 1:00 Beijing 24 2:30 Writing for the Fun of It! 3:00 Sing Along</p>	<p><b>15</b> 9:45 Get Fit with Irene 11:00 Lunch &amp; More – featuring Sounds of Yesterday <i>**Lunch is Served at 12pm</i> 2:00 Ukulele Lessons 2:30 Movie Matinee: <i>Glass Onion: A Knives Out Mystery</i> 3:00 HUGS; Happy Ukulele Group <i>*Tech Assistance Available by Appt.</i></p>	<p><b>16</b> 10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 12:00 Veterans Stretch 1:00 Book Club: News of the World 1:30 Senior Fitness w/ Paula 2:00 Beginner Line Dancing 3:00 Line Dancing</p>	<p><b>17</b> 9:45 Chair Yoga w/ Susan 10:00 Acrylic Art 11:00 Advanced Tai Chi 12:00 Garden Club 12:30-3:30 Cards &amp; Games 1:00 Learn to Play Canasta</p>
<p><b>20</b> 9:45 Total Fitness w/ Grace 10:00 Arts &amp; Crafts 11:00 Simple Tai Chi 1:00 Watercolor w/ Lorie 1:30 Drum Circle 2:00 Chair Yoga DVD 3:00 Arabian Sands Travelogue with Jim Sernovitz</p>	<p><b>21</b> 10:00 Bone Builders 10:00 Needleworks 11:00 Advanced Tai Chi 12:30 Current Events Group <u>1:00 Artistic Expressions Zoom</u> 1:00 Beijing 24 2:30 Writing for the Fun of It! 3:00 Sing Along</p>	<p><b>22</b> 9:45 Get Fit with Irene 11:00 Lunch &amp; More – featuring Dottie Jackson <i>**Lunch is Served at 12pm</i> 2:00 Ukulele Lessons 2:30 Movie Matinee: <i>Dog Gone</i> 3:00 HUGS; Happy Ukulele Group <i>*Tech Assistance Available by Appt.</i></p>	<p><b>23</b> 10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 1:00 Veteran Author Series: Ed Brandt 1:30 Senior Fitness w/ Paula 2:00 Beginner Line Dancing 3:00 Line Dancing</p>	<p><b>24</b> 9:45 Chair Yoga w/ Susan 10:00 Acrylic Art 11:00 Advanced Tai Chi 12:00 Garden Club 12:30-3:30 Cards &amp; Games 1:00 Learn to Play Canasta</p>
<p><b>27</b> 9:45 Total Fitness w/ Grace 10:00 Let Me Tell You My Story 11:00 Simple Tai Chi 1:00 Watercolor w/ Lorie 1:30 Museum Masterpieces: The Louvre 2:00 Chair Yoga DVD 3:00 Afternoon Piano with Doug Williams</p>	<p><b>28</b> 10:00 Bone Builders 10:00 Needleworks 11:00 Advanced Tai Chi 12:30 Current Events Group <u>1:00 Artistic Expressions Zoom</u> 1:00 Beijing 24 2:30 Writing for the Fun of It! 3:00 Sing Along</p>	<p><b>29</b> 9:45 Get Fit with Irene 11:00 Lunch &amp; More – featuring Step Smart <i>**Lunch is Served at 12pm</i> 2:00 Ukulele Lessons 2:30 Movie Matinee: <i>The Wonder</i> 3:00 HUGS; Happy Ukulele Group <i>*Tech Assistance Available by Appt.</i></p>	<p><b>30</b> 10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 1:00 Origami 1:30 Senior Fitness w/ Paula 2:00 Beginner Line Dancing 3:00 Line Dancing</p>	<p><b>31</b> 9:45 Chair Yoga w/ Susan 10:00 Acrylic Art 11:00 Advanced Tai Chi 12:00 Garden Club 12:30-3:30 Cards &amp; Games 1:00 Learn to Play Canasta</p>