



Naples Senior Center | January 2023

Mon	Tue	Wed	Thur	Fri
2 CLOSED FOR NEW YEAR HOLIDAY 	3 NO PROGRAMMING	4 NO PROGRAMMING	5 NO PROGRAMMING	6 NO PROGRAMMING
9 11:00 Simple Tai Chi 3:00 Afternoon Piano with Doug Williams	10 11:00 Advanced Tai Chi 12:00 Current Events Group 1:00 Artistic Expressions Zoom 1:00 Beijing 24 (1/9) 2:30 Writing for the Fun of It! 3:00 Sing Along	11 9:45 Get Fit with Irene 12:00 Lunch & More featuring <i>Naples Dixieland Band</i> 2:30 Movie Matinee: <i>Where the Crawdads Sing</i> 3:00 HUGS; Happy Ukulele Group <i>*Tech Assistance Available by Appt.</i>	12 10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 (1/9) 1:00 VIP – Veterans in Paradise 2:00 Beginner Line Dancing 3:00 Line Dancing	13 9:45 Chair Yoga Live 10:00 Acrylic Art w/ Robyn 11:00 Advanced Tai Chi 12:30-3:30 Cards & Games 1:00 Learn to Play Mah Jongg or Canasta
16 CLOSED FOR MLK DAY!	17 10:00 Bone Builders 10:00 Needleworks 11:00 Advanced Tai Chi 12:00 Current Events Group 1:00 Artistic Expressions Zoom 1:00 Beijing 24 (2/9) 2:30 Writing for the Fun of It! 3:00 Sing Along	18 9:45 Get Fit with Irene 12:00 Lunch & More featuring Doug Williams 2:30 Movie Matinee: <i>The Swimmers</i> 3:00 HUGS; Happy Ukulele Group <i>*Tech Assistance Available by Appt.</i>	19 10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 (2/9) 1:00 Book Club 1:30 Chair Exercise DVD 2:00 Beginner Line Dancing 3:00 Line Dancing	20 9:45 Chair Yoga Live 10:00 Creative Cards 11:00 Advanced Tai Chi 12:30-3:30 Cards & Games 1:00 Learn to Play Mah Jongg or Canasta
23 9:45 Total Fitness w/ Grace 10:00 Art by You - Open 11:00 Simple Tai Chi 1:00 What the Tech?? 2:00 Chair Yoga DVD 3:00 Afternoon Piano with Doug Williams	24 10:00 Bone Builders 10:00 Needleworks 11:00 Advanced Tai Chi 12:00 Current Events Group 1:00 Artistic Expressions Zoom 1:00 Beijing 24 (3/9) 2:30 Writing for the Fun of It! 3:00 Sing Along <i>**Programs Subject to Change</i>	25 9:45 Get Fit with Irene 12:00 Lunch & More featuring Dottie Jackson 2:30 Movie Matinee: <i>Love in the Villa</i> 3:00 HUGS; Happy Ukulele Group <i>*Tech Assistance Available by Appt</i>	26 10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 (3/9) 1:00 Veteran Author Series: Clif Edwards 1:30 Chair Exercise DVD 2:00 Beginner Line Dancing 3:00 Line Dancing	27 9:45 Chair Yoga Live 10:00 Acrylic Art w/ Robyn 11:00 Advanced Tai Chi 12:30-3:30 Cards & Games 1:00 Learn to Play Mah Jongg or Canasta
30 9:45 Total Fitness w/ Grace 10:00 Arts & Crafts w/ Kathy 11:00 Simple Tai Chi 1:30 Drum Circle 2:00 Chair Yoga DVD 3:00 Bhutan & Sri Lanka Travelogue w/ Jim	31 10:00 Bone Builders 10:00 Needleworks 11:00 Advanced Tai Chi 12:00 Current Events Group 1:00 Artistic Expressions Zoom 1:00 Beijing 24 (4/9) 2:30 Writing for the Fun of It! 3:00 Sing Along		 <p> NAPLES SENIOR CENTER <small>A NEW ERA FOR SENIORS</small> </p>	6200 Autumn Oaks Lane Naples, FL 34119 239-325-4444 https://www.naplesseniorcenter.org/senior-center/