## Naples Senior Center | December 2022

Mon	Tue	Wed	Thur	Fri
NAPLES SENIOR CENTER A NEW ERA FOR SENIORS	5025 Castello Drive Naples, FL 34103 239-325-4444 https://www.naplesseniorcenter.org/ senior-center/		10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 3:00 Line Dancing	9:45 Chair Exercise DVD 10:00 The Wonders of America's State Parks (9/10) 11:00 Beijing 24 12:30-3:30 Cards & Games 1:00 Learn to Play Mah Jongg or Canasta
5 9:45 Total Fitness w/ Grace 10:00 Art by You & DIY Watercolor 11:00 Chair Yoga DVD 1:00 Creative Cards 3:00 Afternoon Piano with Doug Williams	6 10:00 Bone Builders 10:00 Needleworks 11:00 Advanced Tai Chi 12:00 Current Events Group 1:00 Artistic Expressions Zoom 2:30 Writing for the Fun of It! 3:00 Sing Along	7 9:45 Get Fit with Irene 1:00 Movie: <i>The Midnight Sky</i> 3:00 HUGS; Happy Ukulele Group *Tech Assistance Available by Appt.	9:30 Town Hall with Dr. Faffer 10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 1:00 VIP – Veterans in Paradise 3:00 Line Dancing	9 9:45 Chair Exercise DVD 10:00 Acrylic Art w/ Robyn 11:00 Beijing 24 12:30-3:30 Cards & Games 1:00 Learn to Play Mah Jongg or Canasta
9:45 Total Fitness w/ Grace 10:00 Arts & Crafts w/ Kathy 11:00 Chair Yoga DVD 1:30 Drum Circle 3:00 South America Travelogue w/ Jim Sernovitz	13 10:00 Needleworks 11:00 Advanced Tai Chi 12:00 Current Events Group 1:00 Artistic Expressions Zoom 2:30 Writing for the Fun of It! 3:00 Sing Along	9:45 Get Fit with Irene 1:00 Movie: <i>The Holiday Calendar</i> 3:00 HUGS; Happy Ukulele Group *Tech Assistance Available by Appt.	15 10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 1:00 Book Club 3:00 Line Dancing	9:45 Chair Exercise DVD 10:00 The Wonders of America's State Parks (11/12) 11:00 Beijing 24 12:30-3:30 Cards & Games 1:00 Learn to Play Mah Jongg or Canasta
19 9:45 Total Fitness w/ Grace 11:00 Chair Yoga DVD 1:00 Movie Matinee: The Awakening of Motti Wolkenbruch **Programs Subject to Change	20 10:00 Bone Builders 11:00 Advanced Tai Chi 12:00 Current Events Group 1:00 Artistic Expressions Zoom  **Programs Subject to Change	9:45 Get Fit with Irene 1:00 Movie: Falling for Christmas 3:00 HUGS; Happy Ukulele Group  *Tech Assistance Available by Appt **Programs Subject to Change	10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 1:00 Veteran Author Series: Wayne Smith **Programs Subject to Change	9:45 Chair Exercise DVD 11:00 Beijing 24 1:00 Movie Matinee: The Royal Treatment **Programs Subject to Change
26 CLOSED FOR CHRISTMAS HOLIDAY	27 10:00 Bone Builders 11:00 Advanced Tai Chi 12:00 Current Events Group 1:00 Artistic Expressions Zoom 1:30 Beginner Spanish - Lesson 30 3:00 Sing Along **Programs Subject to Change	9:45 Chair Yoga 1:00 Movie: <i>The Takeover</i> 3:00 HUGS; Happy Ukulele Group **Programs Subject to Change	10:00 Bone Builders 10:00 Guy Time 11:00 Beijing 24 1:00 Opera for Everyone 3:00 Line Dancing **Programs Subject to Change	30 9:45 Chair Exercise DVD 11:00 Beijing 24 1:00 Movie Matinee: Beyond the Universe **Programs Subject to Change