



Message from Dr. Faffer

Dear Friends,

Today, September 16, was a momentous day! When I went to walk through our new building with our team, consisting of our builder, architect, interior designer, project manager and site supervisor I was told I no longer needed my hard hat or work boots. Why? The building is completely enclosed, all walls are up and the interior finishing work will soon begin. If you have driven by or check the web cam, you will see that building is almost ready for exterior paint. And that's the good news!

The other news is that for the first time since we broke ground we have been hit with a supply chain issue. A part that is essential for the electrical system is not due to come in until the end of October and that is not even 100% certain, considering it was ordered in December 2021. Our superb team is working around the situation by bringing in temporary power so the building can be cooled enough so that cabinets, wall and floor finishing can be done. Where does this leave us in our time table? We hope to be moved in by the second week in January, with programming to begin very shortly after move in. So, at this point, a month's delay. Are we certain? This all depends upon arrival of that very important part. A bit disappointing, but we will be having our Wednesday lunches, outdoor gardening program and so much more sooner rather than later.

Stay tuned, and thank you for your patience and support.

Halloween Happy Hour

Monday October 31 at 2:30pm

Come in costume and mingle with your NSC friends. Enjoy refreshments, music, and a prize or 2 for our best costumes!



Programs & Presentations

Veteran Author Series featuring Tom Middlemiss Thursday October 27 at 1pm

Tom Middlemiss is a retired Army veteran from the 7th Infantry and an award-winning New York Daily News staff photographer. His book, "A New York Press Photographer's Story," recounts his passion for photography that began at the age of nine, when he received a Brownie Reflex camera as a gift.

His book tells the story of how he went from that Brownie Reflex to becoming one of the 54 salaried staff photographers for the New York Daily News. Stories cover everything from sporting events to hero firemen and police officers to articles on celebrities, auto accidents, bank holdups, plane crash at Idlewild Airport (now JFK international), and how Tom got to photograph the removal of 12 Hero Firemen killed in a 5-Alarm blaze on 23rd St in Manhattan, and much more, as shown in his pictures and the stories that go with them.

Bhutan And Sri Lanka - India's Unknown Neighbors Travelogue w/ Jim Sernovitz

Monday October 17 at 3pm

From Bhutan, high in the snow capped Himalaya mountains, to Sri Lanka's beaches and tropical jungles, come with us as we explore these unique and little known countries.

AVE MARIA LAW CLINIC

Presentation: Tuesday October 11 at 3:30pm

Law students from Ave Maria School of Law (Naples) will be providing NSC members with an educational seminar on Estate Planning. This does not constitute legal advice and is under supervision of Clinic Attorney Lisa Williams. Members will have the opportunity to set up one-on-one consultations with the students after the seminar for the following Tuesday, October 18 at 3:30pm.

SHINE: Inflation Reduction Act and Changes to Medicare

Monday October 24 at 1pm

Shine representative Hallie Dehavilland will be sharing a Medicare presentation as it focuses on all of the Inflation Reduction Act changes to Medicare drug and other costs that will start to kick in during 2023. These could significantly reduce some seniors costs.

October Programming

Social Groups

Current Events with Sandy Tuesdays at 12pm

News articles will be provided on NSC website for each meeting. Please read and join the conversation.

October 4: Democracy in Decline / Self-defense Laws

October 11: Supreme Court / Illegal Immigrants Residency

October 18: Fracking / Sanctuary Cities

October 25: Gerrymandering / Hunter Biden - Brittany Griner



Cards & Games (including Mah Jongg)

Fridays from 12:30 - 3:30pm

Open time to enjoy your favorite game or maybe learn a new one. Looking for bridge players!



Guy Time

Thursdays at 10am

Guy Time is an opportunity for some male bonding, conversation and meeting new guy friends. It is an easy-going group that tells their thoughts on an issue. There is no right or wrong - it is your thought and it is accepted that way.

VIP – Veterans in Paradise

Thursday October 13 at 1pm

This month's featured speaker is Crystal Kinzel, Clerk of Circuit Court and Comptroller for Collier County.

ARTISTIC OUTLETS

Creative Cards

Monday Oct 3 at 1pm

Create your own ghoulish greeting card.

Art by You – Watercolor & DIY

Mondays Oct 3, 17, & 31 at 10am

This is a free art hour for watercolorists and other artists of any form to bring in projects to work on and for socialization and maybe some new inspiration! Art volunteer available for assistance & ideas.

Empty Bowls

Monday Oct 10 at 10am

Let your creativity loose as we turn plain ceramic bowls into a work of art.

Arts & Crafts w/ Kathy

Monday Oct 24 at 10am

Pumpkins!

Needleworks

Tuesdays at 10am

Knitting & Crochet

Artistic Expression

ZOOM – Tuesdays at 1pm

Origami

Thursday Oct 6 at 2pm

Tricky folds bring a real treat!

Acrylics w/ Robyn

Fridays Oct 14 & 28 at 10am

This is the place to be for fun and art. We take you step by step (beginners too) through the project with specific instruction and lots of laughs. At the end, voila! You have your very own masterpiece!



HEALTH & FITNESS

Total Fitness w/ Grace

Mondays at 9:45am

Chair Yoga DVD

Mondays at 11am

Bone Builders

Tuesdays & Thursdays at 10am

One hour exercise Head to Toe w/ weights.

Get Fit with Irene – Weights & Bands

Wednesdays Oct 12 & 19 at 9:45am

Participants encouraged to bring their own exercise bands and light weights.

TAI CHI

The Naples Senior Center offers many exercise classes that one can attend on a drop in basis - Just show up and start moving. These classes offer great opportunities for physical fitness and social interaction.

Tai Chi, however, could NOT be approached with the same mindset. Tai Chi is a "progressive" learning process.

Tai Chi is an ancient art with many layers which requires commitment and patience. The movements are set in a sequence that requires memorization. It can realistically take longer than 3 months to learn the basic form of moves.

Advanced Tai Chi

Tuesdays at 11 am

For committed learners who have at least learned the first 17 moves of Taoist Tai Chi or other forms of Tai Chi before.

Tai Chi – Beijing 24

Thursdays & Fridays at 11am

Beijing 24 -- The most popular and the shortest form of Tai Chi. Total 24 moves take 8 or 9 consecutive weeks to learn



Additional October Programs

MUSIC & MORE



Musical Monday w/ Dottie

Monday Oct 3 at 3pm

Join the talented Dottie Jackson for mixed tunes of Broadway, oldies, and country. Lite refreshments provided.

Opera For Everyone

Monday October 10 at 12pm

This month we are featuring a bold new 2021/2022 production of Giuseppe Verdi's RIGOLETTO. Premiering in Venice in 1851, Rigoletto was Verdi's sixteenth opera, with *Il Trovatore* and *La Traviata* (September's featured opera), establishing Verdi as the undisputed master of the genre in Italy. Originally titled "La Maladizione", or The Curse, referring to a curse on the lecherous Duke of Mantua and his court jester Rigoletto whose daughter Gilda sacrifices herself for love. The opera was an immediate hit, so much so that its most famous aria, "La Donna e Mobile", was already being sung in the streets the morning after opera's premiere. Once again, tissues are optional, but not a bad idea to have some on hand.

An Afternoon w/ Pianist Doug Williams

Mondays October 10 & 24 at 3pm

Doug Williams is a gifted pianist/vocalist whose background includes stage performance, musical theatre, supper club dance bands and lead performer at Ritz-Carlton and LaPlaya. His repertoire includes over 1500 songs including soft jazz, light classical, Broadway and the Great American Songbook.

Drum Circle

Monday October 17 at 1:30pm

Drum circles have been around for millennium, but recent research points to possible mental and physical health benefits. Come beat a drum, it will make you smile, help you release tension and make new friends.

Sing Along

Tuesdays at 3pm

Join Bonita for your favorite hits!

Line Dancing

Thursdays at 3pm

Step on into the center and join the group for some rootin' tootin' 2-step!

HUGS – Happy Ukulele Group

Wednesdays at 3pm

Bring your own ukulele or come to watch and listen!

HUGS - On The Road! Free Show

Tuesday October 18 at 5pm

HUGs is performing a free gig at the Naples Regional Library (650 Central Ave., #6027, Naples FL 34102). *Go directly to location. No NSC transportation.

Line Dancing

Thursdays at 3pm

Step on into the center and join the group for some rootin' tootin' 2-step!

LEARNING LAB

Scientific Secrets for a Powerful Memory

Monday Oct 31 at 1pm

Final lectures: Keeping Your Whole Brain in Peak Condition and Human Memory is Reconstruction, Not Replay.

Beginner Spanish

Tuesdays at 1:30pm

Great Courses program series. Handouts provided & available on NSC website.

Spanish II

Thursdays at 12:15pm

Take your Spanish to the next level - Great Courses program series. Handouts provided & available on NSC website.

Writing for the Fun of It!

Tuesdays Oct 18 & 25 at 2:30pm

A group of seniors is discovering writing talents they never knew they had, and having great fun in the process. "Writing for the Fun of It!" workshop meets for an hour every Tuesday at 2:30pm. They write short pieces based on simple, amusing assignments and then read them aloud, prompting applause and discussion. You'll be amazed to learn how close you are to becoming the next Hemingway!

Tech Assistance – By Appointment

Wednesdays 10, 11a, 12p, & 1pm

You'll be matched w/ our savvy volunteers based on the tech program or device needs. Registration required.

Book Club – *The Kite Runner* by Khaled Hosseini

Thursday October 20 at 1pm

The unforgettable, heartbreaking story of the unlikely friendship between a wealthy boy and the son of his father's servant, caught in the tragic sweep of history, *The Kite Runner* transports readers to Afghanistan at a tense and crucial moment of change and destruction. A powerful story of friendship, it is also about the power of reading, the price of betrayal, and the possibility of redemption; and an exploration of the power of fathers over sons—their love, their sacrifices, their lies.

The Wonders of America's State Parks

Fridays Oct 7 & 21

A National Geographic Series that embarks on unforgettable experiences through America's state parks with travel writer & globe-trotting journalist Joe Yogerst.
10/7 – Niagara Falls / The Pennsylvania Wilds
10/21 – New York's Adirondacks / White Mountains

Learn to Play Mah Jongg

Fridays at 1pm

iHola!



MOVIE MATINEE - LIVE



Wed October 12 at 1pm: *Look Both Ways*

On the night of her college graduation, Natalie's life splits into parallel realities after she takes a pregnancy test. What will life and love bring?

Wed October 19 at 1pm: *The Gray Man*

When a shadowy CIA agent uncovers damning agency secrets, he's hunted across the globe by a sociopathic rogue operative who's put a bounty on his head.

Wed October 26 at 1pm: *Passing*

In 1920's New York City, a black woman finds her world upended when her life becomes intertwined with a former childhood friend who's passing white.

Naples Senior Center will be CLOSED

Wednesday October 5 for Yom Kippur

Follow us:

Website: www.naplesseniorcenter.org
Facebook Page: Naples Senior Center at JFCS
Email: info@naplesseniorcenter.org
Phone: 239-325-4444

Please see Naples Senior Center website, Facebook page or the weekly Constant Contact e-mail for a weekly list of programs and highlights. Members may sign-up for multiple programs in advance by calling Naples Senior Center or using our Co-Pilot system during a visit. Online sign-up is now available as well!

Transportation

For Collier Area Transportation to the Senior Center call 239-252-7272.

If you haven't signed up call Naples Senior Center and we can help you get registered.

Not able to visit NSC? Need Someone to Chat with?

NSC volunteers are available to call you weekly to chat. Phone buddies are experiencing interesting conversations and creating new friendships. To join in, just give a call to the senior center at 239-325-4444 and let them know you want to be included on the volunteer call list.



Need a little bit more?

Our *Just Checking* program provides a daily reassurance call in the morning to check-in and start your day off the right way. If you would like to join this new program, please call us.



Naples Senior Center supports individuals and families of all ages by providing a wide range of social services including: Naples Senior Center, Dementia Respite, Geriatric Case Management and Senior Outreach, Emotional Support Services, and a Food Pantry.

If you or a family member needs help or information, call us at 239-325-4444. Our expert staff are here to help.

Dr. Jaclynn Faffer, President/CEO

Dr. Denise McNulty, Chief Program Officer

Wanda Rodriguez, Chief Financial Officer, CFO

Anne Chernin, MSW, MBA, Director of Special Programs

Chloe Goldstein, Director of Development Operations

Amanda Ignasak, Senior Center Director

Gerri Poletti, Director of Social Work Services

Debbie Lageman, Volunteer Services Manager

Jayne Schandl, Development Database Manager

Marisa Luizzi, Manager of Dementia Respite Activities

Kristina Kardanow, Licensed Clinical Social Worker

Kevin Dalfonso, Clinical Social Worker

Jodi Rubenstein, Geriatric Case Manager

Katie Slominski, Geriatric Case Manager

Jeanette Bucknor, Operations Coordinator

Gisela Chamberlin, Senior Accountant

Renee Del Duca, Executive Assistant

Holly Henderson, Administrative Assistant

Mary Schierbaum, Senior Center Receptionist