



**NAPLES
SENIOR
CENTER**
A NEW ERA FOR SENIORS

Social Bulletin

June 2022



Message from Dr. Faffer



Dear Friends,

As we all know, June 1 is the beginning of Hurricane season. Naples Senior Center works closely with our members and clients to make sure they are safe if, or when, we are in the path of a storm. We will be reaching out

to make sure we have your correct contact information, as well as information about special needs. For example, do you use assistive devices? Are you on oxygen? Do you live alone? Do you have pets? All of this is important information for us to know just in case evacuation becomes a necessity. We will be in close contact with you just before, during if possible, and immediately after the storm to assist in any way possible. I know you all join me in hoping we have a calm hurricane season!

If you have been watching the webcam, or have driven by the site, you know that we continue to make great progress on our new building. So far, everything is on schedule. We can expect the roof to be on sometime in June.

As always, it is good to see you at NSC!

Dr. Jaclynn Faffer

Programs & Presentations

The Naples Players Reader's Theater Workshop Fridays June 3 & 17, July 1 at 10am

This workshop will consist of 3 sessions at 1 1/2 hour each:

Session 1 - Introduce the concept of Reader's Theater, talk about the scripts and hand out parts. Begin to work on developing our characters. **Session 2** - Rehearse the plays, fine tune the characters, work on projecting and do a final rehearsal. **Session 3** - Perform for your fellow seniors. Light refreshments served after Session 3 performance

Summertime Jazz Jamboree Monday June 13 at 2:45pm

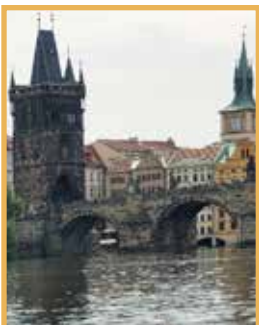
Members of the Naples Jazz Masters lead the beat with an eclectic repitioire including Dixieland favorites. Join us for an afternoon of music and fun as we embrace the beautiful summertime. Lite refreshments served.



Collier County 911

Thursday June 30 at 1pm

The Collier County Sheriff's Office Communications Center processes roughly 380,000 9-1-1 calls each year. These calls range from vehicle accidents and medical emergencies, to tornado sightings and missing persons reports. Did you know that you can text 911 in an emergency? CCSO was the first in the state of Florida to receive text to 9-1-1 messages. Attending this session will help you be prepared for the event that you may need to call as well as receive an insider's view as to what it takes to become a 911 Dispatcher.



**Treasures Of Central Europe -
The Amazing Countries Of Czech
Republic, Slovakia And Hungary
Travelogue w/ Jim Sernovitz**
Monday June 20 at 3pm

Visit the spectacular scenery, mighty castles and picture book pretty villages in contrast with the horrors of WWII.

June Programming

Social Groups

Current Events with Sandy Tuesdays at 12pm

News articles will be provided on NSC website for each meeting. Please read and join the conversation.

June 7: Mass Shooting / Society Breakdown

June 14: Capital Punishment / Wealth in US

June 21: Islamophobia / Electoral College

June 28: Genetic Engineering / Foreign Aid



Cards & Games (including Mah Jongg) Fridays from 12:30-3:30pm

Open time to enjoy your favorite game or maybe learn a new one. Looking for bridge players!



Guy Time

Thursdays at 10am

Guy Time is an opportunity for some male bonding, conversation and meeting new guy friends. What we are is a great group of men that pick some topics and the next week we talk about them. It is an easy-going group who tell their thoughts on an issue. There is no right or wrong - it is your thought and it is accepted that way.

VIP – Veterans in Paradise

Thursday June 9 at 1pm

Join us for Veteran fellowship and conversation. Our featured speakers are Steve & Jamie Loyd of the local nonprofit Take A Soldier Fishing.

ARTISTIC OUTLETS

Art by You – Watercolor & DIY

Mondays June 6 & 20

This is a free art hour for watercolorists and other artists of any form to bring in projects to work on and for socialization and maybe some new inspiration! Art volunteer available for assistance & ideas.

Arts & Crafts

Monday June 6 at 1pm

Pin on the Red, White, and Blue!

Empty Bowls

Monday June 13 at 10am

Let your creativity loose as we turn plain ceramic bowls into a work of art.

Needleworks

Tuesdays at 10am

Knitting/Quilting/Crochet

Artistic Expression

ZOOM – Tuesdays at 1pm

Origami

Monday June 13 at 1pm

Acrylics w/ Robyn

Fridays June 10, & 24 at 10am

This is the place to be for fun and art. We take you step by step (beginners too) through the project with specific instruction and lots of laughs. At the end, voila! You have your very own masterpiece!

Creative Cards

Monday June 27 at 1pm

Join Delores in creating your own greetings.



HEALTH & FITNESS

Lions Club Vision Screening

Monday June 27 11:30a-3pm

Join us for a comprehensive vision screening provided by Naples Lions Club. Appointment required.

Total Fitness w/ Grace

Mondays at 9:45am

Chair Yoga DVD

Mondays at 11am & Wednesdays at 12:15pm

Stretch DVD

Mondays at 12pm

Bone Builders

Tuesdays & Thursdays at 9:45am

One hour exercise Head to Toe w/ weights.

Get Fit with Irene – Weights & Bands

Wednesdays at 9:45am

Participants encouraged to bring their own exercise bands and light weights.

Hula Hoop

Thursdays June 9 & 23

Good for the mind, body, and spirit!

Chair Exercise DVD

Fridays at 9:45am



TAI CHI

Advanced Tai Chi

Tuesdays at 11am

For committed learners who have at least learned the first 17 moves of Taoist Tai Chi or other forms of Tai Chi before.

Tai Chi – Beijing 24

Thursdays & Fridays at 11am

Beijing 24: The most popular and the shortest form of Tai Chi. Total 24 moves take 8 or 9 consecutive weeks to learn.



Additional June Programs

MUSIC & MORE



Musical Monday w/ Dottie

Monday June 27 at 3pm

Join the talented Dottie Jackson for mixed tunes of Broadway, oldies, and country. Lite refreshments provided.

Sing Along & Dance Party

Tuesdays at 3pm

June 7 – Big Band Dance Party

June 14 – Regular Sing Along

June 21 – Groovy 60's & 70's Dance Party

June 28 – Regular Sing Along

HUGS – Happy Ukulele Group

Wednesdays at 3pm

Bring your own ukulele or come to watch and listen!



Beginner Steps to Line Dance

Thursdays June 2, 16, & 30 at 2pm

SLOW AND EASY - Learn easy beginner line dance steps and dances that focus on one dance at a time. Hand-outs and video reference provided

Line Dancing

Thursdays at 3pm

Step on into the center and join the group for some rootin' tootin' 2-step!

MOVIE MATINEE - LIVE



Wed June 1 at 1pm: Brain On Fire

Stricken with seizures, psychosis, and memory loss, a young New York Post reporter visits doctor after doctor in search of an elusive diagnosis.

Wed June 8 at 1pm: Tick Tick Boom

On the brink of turning 30, a promising theater composer navigates love, friendship and the pressure to create something great before time runs out.

Wed June 15 at 1p: Vicky & Her Mystery

After her mom's death, a heartbroken girl and her dad settle in wild, beautiful Cantal. Can a special creature help her heal? Inspired by a true story.

Wed June 22 at 1p: The Lost Daughter

A woman's quiet seaside vacation takes an unsettling turn when her fixation on a young mother staying at a nearby villa awakens memories from her past.

Wed June 29 at 1p: Thunder Force

Two childhood best friends reunite as an unlikely crime fighting superhero duo when one invents a formula that gives ordinary people superpowers.

LEARNING LAB

iHola!

Beginner Spanish

Tuesdays at 1:30pm

Great Courses program series. Handouts provided & available on NSC website.

Spanish II

Thursdays at 12:15pm

Take your Spanish to the next level - Great Courses program series. Handouts provided & available on NSC website.

Writing for the Fun of It!

Tuesdays at 2:30pm

A group of seniors is discovering writing talents they never knew they had, and having great fun in the process. "Writing for the Fun of It!" workshop meets for an hour every Tuesday at 2:30pm. They write short pieces based on simple, amusing assignments and then read them aloud, prompting applause and discussion. You'll be amazed to learn how close you are to becoming the next Hemingway!

Tech Assistance – By Appointment

Wednesdays 10, 11a, 12p, & 1p

You'll be matched w/ our savvy volunteers based on the tech program or device needs. Registration required.

Book Club – The Exiles by Christina Baker Kline

Thursday June 16 at 1pm

A powerful, emotionally resonant novel that captures the hardship, oppression, opportunity and hope of four women's lives—three English convicts and an orphaned Aboriginal girl—in nineteenth-century Australia

Fundamentals to Device Knowledge

Thursday June 23 at 1pm

This presentation covers very basic terms, habits and practices to maintain device health. It gives a general overview of common device issues and helps to build confidence to solve those issues or at least get you started.

In the Footsteps of Vincent Van Gogh (Great Courses)

Friday June 3 at 1pm

Final episodes 13-15

Learn to Play Mah Jongg

Fridays June 10 & 24 at 1pm



HURRICANE PREPAREDNESS SUPPLY CHECKLIST


- Water and Food
- Flashlights
- Battery-powered radio
- Extra batteries
- First aid kit
- Medications (7-day supply) + medical items
- Sanitation and personal hygiene items
- Copies of personal documents (medical records, proof of address, deed/lease to home, passports, birth certificates, insurance)
- List of emergency contacts
- Mobile phones with chargers
- Extra cash
- Emergency blanket
- Pet supplies (collar, leash, ID, food, bowl)
- Tools/supplies for securing your home
- Extra clothing and shoes
- Rain gear
- Insect repellent and sunscreen
- Printed recent photos of family + pets




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Follow us:

 www.NaplesSeniorCenter.org

 [naplesseniorcenter](https://www.instagram.com/naplesseniorcenter)

 info@naplesseniorcenter.org

 239-325-4444

 Facebook Page: Naples Senior Center at JFCS

For information regarding any program, please contact:
Aignasak@naplesseniorcenter.org **OR**
Mschierbaum@naplesseniorcenter.org
239-325-4444

Naples Senior Center supports individuals and families of all ages by providing a wide range of social services including: Naples Senior Center, Dementia Respite, Geriatric Case Management and Senior Outreach, Emotional Support Services, and a Food Pantry.

If you or a family member needs help or information, call us at 239-325-4444. Our expert staff are here to help

Transportation

For Collier Area Transportation to the Senior Center call 239-252-7272.

If you haven't signed up call Naples Senior Center and we can help you get registered.

Not able to visit NSC? Need Someone to Chat With?

NSC volunteers are available to call you weekly to chat. Phone buddies are experiencing interesting conversations and creating new friendships. To join in, just give a call to the senior center at 239-325-4444 and let them know you want to be included on the volunteer call list.



Need a little bit more?

Our **Just Checking** program provides a daily reassurance call in the morning to check-in and start your day off the right way. If you would like to join this new program, please call us.

Dr. Jaclynn Faffer, President/CEO

Wanda Rodriguez, Chief Financial Officer, CFO

Anne Chernin, MSW, MBA, Director of Special Programs

Chloe Goldstein, Director of Development Operations

Amanda Ignasak, Senior Center Director

Renee Siepierski, Director of Policy Services and Grants

Geri Poletti, Manager of Social Work Services

Anne Marie Greaves, Manager of Operations

Debbie Lageman, Volunteer Services Manager

Jayne Schandl, Development Database Manager

Marisa Luizzi, Manager of Dementia Respite Activities

Kevin Dalfonso, Clinical Social Worker

Jodi Rubenstein, Geriatric Case Manager

Katie Slominski, Geriatric Case Manager

Gisela Chamberlin, Senior Accountant

Renee Del Duca, Executive Assistant

Holly Henderson, Administrative Assistant

Mary Schierbaum, Senior Center Receptionist