



Message from Dr. Faffer



Dear Friends,

Happy December and wishing you all the joy that comes with the holidays we celebrate during this month.

And speaking of joy.....it was wonderful seeing all of you who attended our groundbreaking event on November 12th. It was so good to see your smiles and catch up face to face!

The shovels are finally in the ground! I stopped by this morning (as I do almost every morning on my way to work) and chatted with the construction supervisor. The trailer is on site, the land is being cleared and the construction fence is going up. Our wonderful builder, Norm Gentry, has four weeks of ground work to do to get the site ready to begin the foundation. We will be having a camera set up so that we can watch the progress in real time. As soon as that is in place I will let you know how to access it so you can watch our dream being built.

All my best for a good holiday season, and a safe, and happy, New Year.

Dr. Jacquelyn Faffer

Programs & Presentations

Great Masters: Mozart – His Life & Music Tuesdays at 3pm

A biographical and musical study of Wolfgang Amadeus Mozart, who composed more than 600 works of beauty and brilliance in just over 20 years.

December 7: Introduction

December 14: Leopold and the Grand Tour

December 21: Mozart the Composer – The Early Music

December 28: Paris

VIP – Veterans in Paradise

Thursday December 9 at 1pm

Join Alen & Deb Silver for Veteran fellowship and conversation.

Book Club

American Dirt by Jeanine Cummins. a middle-class Mexican bookseller who flees Acapulco with 8-year-old son, Luca, after a drug cartel violently attacks a quinceañera she's attending, killing her journalist husband who earlier had profiled the cartel leader, Javier. No meeting in December. The newest selection is a long read so enjoy the holidays and see you in 2022!

Original Short Stories Read By The Author

Donald Epstein

Thursday Dec 23 at 1pm

Retired television writer Don Epstein will read four of his short stories on Thursday, December 23 at 1:00 p.m. Don's stories — some humorous, some serious — are all based on unique people he's known and unusual true events he's experienced or witnessed. Come enjoy an hour of easy and stimulating listening.

Bombshell: The Hedy Lamarr Story

Thursday Dec 30 at 1pm

What do the most ravishingly beautiful actress of the 1930s and 40s and the inventor whose concepts were the basis of cell phone and bluetooth technology have in common? They are both Hedy Lamarr.

December Programming

MUSIC & MORE



Drum Circle

Mondays Dec 13 & 27 at 3pm

Drum circles have been around for millennium, but recent research points to possible mental and physical health benefits. Come beat a drum, it will make you smile, help you release tension and make new friends.

Music w/ Dottie

Monday Dec 6 at 3pm

Feel the spirit of the season on this musical Monday!

Sing Along

Tuesdays at 3pm

Bonita is bringing the center back to life. Come and share your voice!

HUGS – Happy Ukulele Group

Wednesdays at 3pm

Bring your own ukulele or come to watch and listen! Zoom in w/ group is still available.

Line Dancing

Thursdays at 3pm

Step on into the center and join the group for some rootin' tootin' 2-step!

Choir Practice

Friday Dec 10 at 10am

Dottie Jackson returns to lead this vocal group. Past members and newbies invited!

ARTISTIC OUTLETS



Art by You – Watercolor & DIY

Mondays Dec 13 & 27

This is a free art hour for watercolorists and other artists of any form to bring in projects to work on and for socialization and maybe some new inspiration! Art volunteer available for assistance & ideas.

Arts & Crafts

Monday Dec 6 at 1pm

Join Kathy for holiday inspired candy jars!



Get to the NeedlePOINT

Mondays Dec 6 & 20 at 10:45am

Imaginative Art from the Heart

Mondays Dec 13 & 27 at 1pm

Two-part class Memory Boxes

Crafted with Cynthia

Monday Dec 20 at 1pm

Cynthia will be providing a guided crafts class.

Needleworks

Tuesdays at 10am

Knitting/Quilting/Crochet

Artistic Expression

ZOOM – Tuesdays at 1pm

Creative Cards

Thursday Dec 2 at 1pm

Design your own holiday greeting cards. Instruction led by Delores Fell.

Origami

Thursday Dec 16 at 1pm

Ellen leads through a fun class on the art of paper folding.

Acrylics w/ Robyn

Fridays Dec 3 & 17 at 10am

This is the place to be for fun and art. We take you step by step (beginners too) through the project with specific instruction and lots of laughs. At the end, voila! You have your very own masterpiece!

EXERCISE/FITNESS



Chair Exercise DVD (M/Th Ann

Pringle; W Richard Simmons)

Mondays, Wednesdays & Thursdays at 9:45am

Chair Yoga DVD

Mondays at 11am & Fridays at 9:45am

Total Fitness w/ Grace

Tuesdays at 9:45am

TAI CHI



Simple Tai Chi

Tuesdays at 11:30 am - 8 fundamental moves for beginners.

Advanced Tai Chi

Thursdays at 11:30 am - for committed learners who have at least learned the first 17 moves of Taoist Tai Chi or other forms of Tai Chi before.

Simple Tai Chi - Level 2

Fridays at 11:00 am - for the ones have learned the Simple 8 moves and want to pursue higher levels of learning.

Additional December Programs

Social Groups

Current Events with Sandy

Tuesdays at 12pm

News articles will be provided for each meeting.

Please read and join the conversation.

Dec 7 - Covid Now / Energy Crisis

Dec 14 - Nuclear Energy / America's Global Influence

Dec 21 - Charter Schools / Cyber Bullying

Dec 28 - Infrastructure Bill / 2022 What Will Happen?



"Re"-Connect

Thursdays Dec 2 & 16 at 2pm

Connect is back w/ a new time and leader after a short hiatus.

Meet other seniors in a safe, cozy, volunteer led environment.

Guy Time

Thursdays at 10am

This is an opportunity for some male bonding and meeting new male friends. Come on men, meet with the Guys and share the conversation.

Cards & Games (including Mah Jongg)

Fridays from 12:30-3:30pm

Open time to enjoy your favorite game or maybe learn a new one.

Puzzles (Jigsaw & Word Finds)

Wednesdays Dec 8 & 22 at 1pm

LEARNING LAB

The Balkan Countries—A Clash of Cultures

Travelogue w/ Jim Sernovitz

Monday Dec 20 at 3pm

The Balkans – Albania, Montenegro, Croatia, Slovenia and Serbia - is where three major religions meet and in a thousand years, the area has seldom known sustained peace. Come and visit where one of the most beautiful places in the world has such a troubled past.

Beginner Spanish

Tuesdays at 1:30pm

Our Great Courses program enhanced with in person volunteer assistance. Handouts provided.

Tech Assistance

Wednesdays Dec 1, 15, & 29 at 1pm

Fridays Dec 10 at 1pm

Our savvy volunteers will assist with various tech needs. When you call to register (required due to limited seating) please let us know the program or device you need assistance with.

Writing & Civilization: From Ancient Worlds to Modernity

Wednesdays at 2pm

Discover the fascinating history of the written word- its invention, transmission from culture to culture, and evolution- in this interesting course by an anthropologist.

December 1- What is Writing & Origins & Development of Writing

December 8- Where Did Our Alphabet From & Furbark-A Germanic Alphabet

December 15- Chinese-A Logosyllabic Script & Japanese (World's Most Complex Script)

December 22- What is Decipherment & Five Pillars of Decipherment

December 29- Epigraphic Illustration & History of Language

MOVIE MATINEE - LIVE

Wed December 3 at 1pm: *The Vault*



A genius engineer and his crew of amateur thieves plot a scheme to seize a legendary lost treasure hidden in a fortress beneath the Bank of Spain.

Wed December 10 at 1pm: *The Holiday*

Stuck in a vicious cycle of dead-end relationships with two-timing men, LA resident Amanda and Londoner Iris decide to swap homes.

Wed December 17 at 1pm: *Holiday in the Wild*

When her husband abruptly ends their marriage, empty nester Kate embarks on a solo second honeymoon in Africa, finding purpose – and potential romance.

Wed December 22 at 1p: *Midnight at the Magnolia*

Longtime friends and local radio hosts Maggie and Jack fake it as a couple for their families and listeners in hopes of getting their show syndicated.

Wed December 29 at 1p: *The Last Laugh*

After moving to a retirement home, restless talent manager Al reconnects with a long-ago client Buddy and coaxes him back out on the comedy circuit.

PLEASE PRE-REGISTER FOR ALL PROGRAMS

Naples Senior Center is open and we are enjoying the return of our members. Come see us and if you don't see your favorite program on the schedule, give us a call or email to let us know what you'd like to see in the future.

Members may sign-up for multiple programs in advance by calling Naples Senior Center at 239.325.4444 or using our Co-Pilot system during a visit. Online sign-up is now available as well! **Art programs, Tech Assistance, & Cards and Games still require advance call in notice. Your cooperation and is greatly appreciated!

Follow us:



NaplesSeniorCenter.org



naplesseniorcenter



info@naplesseniorcenter.org



239-325-4444



Facebook Page: Naples Senior Center at JFCS



Happy Holidays!



Not able to visit NSC? Need Someone to Chat With?

NSC volunteers are available to call you weekly to chat. Phone buddies are experiencing interesting conversations and creating new friendships. To join in, just give a call to the senior center at 239-325-4444 and let them know you want to be included on the volunteer call list.



Need a little bit more?

Our Just Checking program provides a daily reassurance call in the morning to check-in and start your day off the right way. If you would like to join this new program, please call us.

Please see The Naples Senior Center website, NSC Facebook page or the weekly Constant Contact e-mail for a weekly list of programs and highlights. Naples Senior Center – www.naplesseniorcenter.org
Naples Senior Center Facebook - www.facebook.com/NaplesSeniorCenter/

For information regarding any program, please contact: Aignasak@naplesseniorcenter.org OR Mschierbaum@naplesseniorcenter.org | 239-325-4444

Transportation

For Collier Area Transportation to the Senior Center call 239-252-7272. If you haven't signed up call Naples Senior Center and we can help you get registered.

Naples Senior Center supports individuals and families of all ages by providing a wide range of social services including: Naples Senior Center, Dementia Respite, Geriatric Case Management and Senior Outreach, Emotional Support Services, and a Food Pantry.

If you or a family member needs help or information, call us at **239-325-4444**. Our expert staff are here to help

- Dr. Jaclynn Faffer, President/CEO
- Wanda Rodriguez, Chief Financial Officer, CFO
- Anne Chernin, MSW, MBA, Director of Special Programs
- Amanda Ignasak, Senior Center Manager
- Peggy Shupp, Volunteer Services Manager
- Anne Marie Greaves, Manager of Operations
- Chloe Goldstein, Director of Development Operations
- Jayne Schandl, Development Database Manager
- Simona Staicu-Levy, Dementia Program Coordinator

- Darlene Holan, Clinical Social Worker
- Pam Malamphy, Food Pantry Coordinator
- Jodi Rubenstein, Geriatric Case Manager
- Katie Slominski, Geriatric Case Manager
- Marissa Luizzi, Music Therapist
- Renee Del Duca, Executive Assistant
- Holly Henderson, Administrative Assistant
- Mary Schierbaum, Senior Center Receptionist