



Message from Dr. Faffer



Dear Friends,

I am writing this message to you on the first day of Fall, September 22, 2021. Of course it is 88 degrees outside here in Naples! I hope our members "up north" are beginning to experience a bit of cooler weather.

It is so good seeing so many of you back at the Center! We look forward to welcoming more members back as our snowbirds return from the north and the COVID numbers continue to drop, as they have begun to do here in Collier County. We continue our strict protocols for safety, and will continue for the foreseeable future. If you have any questions about our safety measures please give us a call and we will tell you what we are doing on a daily basis. And Krackle, our sanitizing robot, roams every inch of the building Monday through Friday nights!

We are getting closer to our groundbreaking for our new center. Please circle your calendar for November 12 at 3pm. We will be sending you information via email, as well as "snail mail". As you all know, we have waited a long time for this major event, and we look forward to sharing our excitement with you.

Please stay safe and healthy, and I look forward to seeing more and more of you in the Center!

Warmest Regards,

Dr. Jacquelyn Faffer

Returning in October

VIP - Veterans in Paradise

Thursday October 14 at 1pm

VIP returns to NSC with some very special guests and an amazing story. Alen & Deb Silver have arranged for members to hear from retired FDNY & North Collier Fire Control & Rescue District Jerry Sanford as he tells of his story "It Started with a Helmet" which he co-wrote with local realtor Chris Griffith. This is also an opportunity to meet with other veterans in SWFL and learn about some of the benefits Collier County offers.



AVE MARIA LAW CLINIC Presentation:

Tuesday Oct 12 at 3:30pm

Law students from Ave Maria School of Law (Naples) will be providing NSC members with an educational seminar on Estate Planning. This does not constitute legal advice and is under supervision of Clinic Attorney Lisa Williams. Members will have the opportunity to set up one-on-one consultations with the students after the seminar for the following Tuesday, October 19th at 3:30pm.

October Programming

Turkish Delight Travelogue Monday October 11 at 3pm

For thousands of years Turkey has been the crossroads of the world. Come with us as we explore a land that is both ancient and modern as we travel by land, balloon and sailing ship to enjoy amazing images of this most interesting and beautiful country.



Spirit of the Pony Express Monday Oct 18 at 10am

Spirit of the Pony Express celebrates the 150th anniversary of the short-lived but far reaching mail delivery service The Pony Express. Follow a historical re-enactment along the original trail from Sacramento, CA to St. Joseph, MO. In the summer of 2010. Learn fascinating facts, see what the historic sites look like in the 21st century and feel the spirit of The West.

Book Club: *The Four Winds* by Kristin Hannah Thursday Oct 21 at 1pm

From the number-one bestselling author of *The Nightingale* and *The Great Alone* comes a powerful American epic about love and heroism and hope, set during the Great Depression, a time when the country was in crisis and at war with itself, when millions were out of work and even the land seemed to have turned against them.



MUSIC & MORE



Drum Circle

Monday Oct 4 at 3pm

Drum circles have been around for millennium, but recent research points to possible mental and physical health benefits. Come beat a drum, it will make you smile, help you release tension and make new friends.

Monday Music w/ Dottie

Monday October 18 at 3pm

Enjoy an afternoon of music by the delightful Dottie Jackson!

Sing Along

Tuesdays at 3pm

Calling all crooners! Bonita is bringing the center back to life.

HUGS – Happy Ukulele Group

Wednesdays at 3pm.

Bring your own ukulele or come to watch and listen!

Line Dancing

Thursdays at 3pm

Step on into the center and join the group for some rootin' tootin' 2-step!

Choir

Fridays Oct 1, 15, & 29 at 10am

Share your voice with the choral group led by Dottie Jackson.

ARTISTIC OUTLETS

****Advance Registration required for materials****

Scrapbooking Group

Monday Oct 4 at 10am

Calling all scrapbookers – put a creative edge on your memories. Participants must bring their own album. Other materials provided by NSC.



Creative Cards

Monday Oct 4 at 1pm

Design your own greeting cards. Instruction led by Delores Fell.

Get to the NeedlePOINT

Mondays Oct 11 & 25 10:45am

Needlepoint and Cross-stitch

Imaginative Art from the Heart

Mondays Oct 11 & 25 at 1pm

Oct 11 – Personal Abstract printing

Oct 25 – Dream Boards (on canvas)

Arts & Crafts

LIVE - Monday Oct 18 at 1pm

Get ready for the fall with something festive!

Needleworks

Tuesdays at 10am

Knitting/Quilting/Crochet

Origami

Thursday Oct 7 at 1pm

Try a simple class on the art of paper folding

Acrylics w/ Robyn

Fridays Oct 8 & 22 at 10:30am

This is the place to be for fun and art. We take you step by step (beginners too) through the project with specific instruction and lots of laughs. At the end, voila! You have your very own masterpiece!



Additional October Programs

Social Groups

Current Events with Sandy

Tuesdays at 12pm

News articles will be provided for each meeting. Please read and join the conversation.

Oct 5 - Capital Punishment / Hacking

Oct 12 - Cybersecurity / Border Security

Oct 19 - Wildfires / Afghanistan

Oct 26 - Socialism / Minimum Wage



Connect

Wednesdays Sept 15 & 29 at 1pm

No family in the area? Feeling isolated? Living alone without spouse or adult children? Meet others in similar situations in a safe, cozy, volunteer-led group. Come and make new friends.

Guy Time

Thursdays at 10am (New Time)

This is an opportunity for some male bonding and meeting new male friends. Come on men, meet with the Guys and share the conversation.

Cards & Games (including Mah Jongg)

Fridays from 12:30-3:30pm

Open time to enjoy your favorite game or maybe learn a new one.



LEARNING LAB

Tech Assistance

Wednesdays Oct 6 & 20 at 1pm

Fridays Oct 1, 15, & 29 at 11am

Our savvy volunteers will assist with various tech needs. Please let us know your needed area of assistance. Advance Registration required – limited seats.

Beginner Spanish

Tuesdays at 1:30pm

Our Great Courses program enhanced with in person volunteer assistance. Handouts provided.



EXERCISE/FITNESS

Chair Exercise DVD

Mondays & Fridays at 9:45am



Chair Yoga DVD

All Mondays & Friday 10.8 & 10.22 at 11am

Total Fitness w/ Grace

Tuesdays & Thursdays at 9:45am

Simple Tai Chi

Tuesdays & Thursdays at 11:30am

Get Fit w/ Irene (Weights & Bands)

Wednesdays at 9:45am

Participants encouraged to bring their own exercise bands and light weights.

MOVIE MATINEE



Wed Oct 6 at 1pm: *The Boy Who Harnessed the Wind*

Inspired by a science book, 13-year-old William Kamkwamba builds a wind turbine to save his Malawian village from famine. Based on a true story.

Wed Oct 13 at 1pm: *Resort to Love*

Reeling from a broken heart and career meltdown, a singer takes a gig at a swanky island resort – where here ex-fiancé happens to be getting married.

Wed Oct 20 at 1pm: *Red Joan*

When an unassuming elderly widow is arrested for treason, her tangled secret past as the KGB's longest serving-British spy is exposed.

Wed Oct 27 at 1pm: *The Last Letter From Your Lover*

After finding a trove of love letters from 1965, a reporter sets out to solve the mystery of a secret affair – while embarking on a romance of her own.

STILL ZOOMING

Artistic Expression - ZOOM

Tuesdays at 1pm

Guitar with Pete - ZOOM

Wednesdays at 2pm

Spanish Classes - ZOOM


Spanish II – Mondays at 2:30pm



Zoom Meetings

Zoom meetings will be held on a very limited basis. Please see The Naples Senior Center website, NSC Facebook page or the weekly Constant Contact e-mail for a weekly list of times and links to these programs.

Follow us & stay in contact:  info@naplesseniorcenter.org

 Phone: 239-325-4444

 www.NaplesSeniorCenter.org

 [Naples Senior Center - www.facebook.com/NaplesSeniorCenter/](https://www.facebook.com/NaplesSeniorCenter/)

For information regarding any program, please contact: Aignasak@naplesseniorcenter.org OR Mschierbaum@naplesseniorcenter.org



MEDICARE OPEN ENROLLMENT

Shine Counselors will begin to offer general updates and guidelines for Medicare recipients.

The 2022 plans are not yet available but Medicare and You 2022 books and updated on line Plan Finder should be coming soon. Actual Open Enrollment is Oct 15 through Dec 7, with choices activated 1/1/2022.

Counselor phone appointments will be available on Wed 10/27, Thurs 10/28, Wed 11/10, Thurs 11/11. Available time slots begin at 9:30am and occur every 45 minutes until 2:30pm. Please call NSC to schedule your phone appointment. During phone appointment, members should have insurance cards, a list of their medications (dosage & order frequency) and any questions ready.

REGISTRATION FOR PROGRAMS

Naples Senior Center is open and we are enjoying the return of our members. Come see us and if you don't see your favorite program on the schedule, give us a call or email to let us know what you'd like to see in the future.

Members may sign-up for multiple programs in advance by calling the Senior Center at 239.325.4444 or using our Co-Pilot system during a visit. Online sign-up is now available. **Art programs and Tech Assistance still require advance call in notice.

Transportation

For Collier Area Transportation to the Senior Center call 239-252-7272.

If you haven't signed up call Naples Senior Center and we can help you get registered.

Not able to visit NSC? Need Someone to Chat With?



NSC volunteers are available to call you weekly to chat. Enjoy interesting conversations and create a new friendship. To join, call Naples Senior Center at 239-325-4444 and let us know you want to be included on the volunteer call list.

Need a little bit more? Our **Just Checking** program provides a daily reassurance call in the morning to check-in and start your day off the right way. If you would like to join this new program, please call us.

Naples Senior Center supports individuals and families of all ages by providing a wide range of social services including: Naples Senior Center, Dementia Respite, Geriatric Case Management and Senior Outreach, Emotional Support Services, and a Food Pantry.

If you or a family member needs help or information, call us at **239-325-4444**. Our expert staff are here to help.

Dr. Jaclynn Faffer, President/CEO
Wanda Rodriguez, Chief Financial Officer, CFO
Anne Chernin, MSW, MBA, Director of Special Programs
Amanda Ignasak, Senior Center Manager
Peggy Shupp, Volunteer Services Manager
Jayne Schandl, Development Database Manager
Simona Staicu-Levy, Dementia Program Coordinator
Darlene Holan, Clinical Social Worker

Pam Malamphy, Food Pantry Coordinator
Jodi Rubenstein, Geriatric Case Manager
Katie Slominski, Geriatric Case Manager
Marissa Luizzi, Music Therapist
Anne Marie Greaves, Operations Manager
Renee Del Duca, Executive Assistant
Holly Henderson, Administrative Assistant
Mary Schierbaum, Senior Center Receptionist