


# Naples Senior Center | October 2021

Mon	Tue	Wed	Thur	Fri
	<p><b>5025 Castello Drive Naples, FL 34103 239-325-4444</b></p> <p><a href="https://www.naplesseniorcenter.org/senior-center/">https://www.naplesseniorcenter.org/senior-center/</a></p>			<p><b>1</b> 9:45 Chair Exercise DVD 10:00 Choir Practice 11:00 Tech Assistance 12:30-3:30 Cards &amp; Games</p>
<p><b>4</b> 9:45 Chair Exercise DVD 10:00 Scrapbooking Group 11:00 Chair Yoga DVD 1:00 Creative Cards w/ Delores <a href="#">2:30 Spanish II: Lesson 21 Zoom</a> 3:00 Drum Circle</p>	<p><b>5</b> 9:45 Total Fitness w/ Grace 10:00 Needleworks 11:30 Simple Tai Chi 12:00 Current Events Group <a href="#">1:00 Artistic Expressions Zoom</a> 1:30 Beginner Spanish: Lesson 1 3:00 Sing Along</p>	<p><b>6</b> 9:45 Weights &amp; Bands Exercise 1:00 Tech Assistance 1:00 Movie: <i>The Boy Who Harnessed the Wind</i> <a href="#">2:00 Guitar Music w/ Pete Zoom</a> 3:00 HUGS; Happy Ukulele Group</p>	<p><b>7</b> 9:45 Total Fitness w/ Grace 10:00 Guy Time 11:30 Simple Tai Chi 1:00 Origami 3:00 Line Dancing</p>	<p><b>8</b> 9:45 Chair Exercise DVD 10:00 Acrylic Art w/ Robyn 11:00 Chair Yoga DVD 12:30-3:30 Cards &amp; Games</p>
<p><b>11</b> 9:45 Chair Exercise DVD 10:45 Needlepoint 11:00 Chair Yoga DVD 1:00 Imaginative Art from the Heart <a href="#">2:30 Spanish II: Lesson 21 Zoom</a> 3:00 Travelogue – Turkish Delight</p>	<p><b>12</b> 9:45 Total Fitness w/ Grace 10:00 Needleworks 11:30 Simple Tai Chi 12:00 Current Events Group <a href="#">1:00 Artistic Expressions Zoom</a> 1:30 Beginner Spanish: Lesson 2 3:00 Sing Along 3:30 Ave Maria Law Clinic Presentation</p>	<p><b>13</b> 9:45 Weights &amp; Bands Exercise 1:00 Connect 1:00 Movie: <i>Resort to Love</i> <a href="#">2:00 Guitar Music w/ Pete - Zoom</a> 3:00 HUGS: Happy Ukulele Group</p>	<p><b>14</b> 9:45 Total Fitness w/ Grace 10:00 Guy Time 11:30 Simple Tai Chi 1:00 VIP – Veterans in Paradise 3:00 Line Dancing</p>	<p><b>15</b> 9:45 Chair Exercise DVD 10:00 Choir Practice 11:00 Tech Assistance 12:30-3:30 Cards &amp; Games</p>
<p><b>18</b> 9:45 Chair Exercise DVD 10:00 Spirit of the Pony Express 11:00 Chair Yoga DVD 1:00 Arts &amp; Crafts <a href="#">2:30 Spanish II: Lesson 22 Zoom</a> 3:00 Monday Music w/ Dottie</p>	<p><b>19</b> 9:45 Total Fitness w/ Grace Live 10:00 Needleworks Live 11:30 Simple Tai Chi Live 12:00 Current Events Group Live <a href="#">1:00 Artistic Expressions</a> 1:30 Beginner Spanish: Lesson 3 3:00 Sing Along 3:30 Ave Maria 1:1 Law Clinic</p>	<p><b>20</b> 9:45 Chair Exercise DVD 1:00 Movie: <i>Red Joan</i> 1:00 Tech Assistance <a href="#">2:00 Guitar Music w/ Pete Zoom</a> 3:00 HUGS; Happy Ukulele Group</p>	<p><b>21</b> 9:45 Total Fitness w/ Grace 10:00 Guy Time 11:30 Simple Tai Chi 1:00 Book Club 3:00 Line Dancing</p>	<p><b>22</b> 9:45 Chair Exercise DVD 10:00 Acrylic Art w/ Robyn 11:00 Chair Yoga DVD 12:30-3:30 Cards &amp; Games</p>
<p><b>25</b> 9:45 Chair Exercise DVD 10:45 Needlepoint 11:00 Chair Yoga DVD 1:00 Imaginative Art From the Heart <a href="#">2:30 Spanish II: Lesson 23 Zoom</a> 3:00 Elder Abuse Prevention Presentation</p>	<p><b>26</b> 9:45 Total Fitness w/ Grace Live 10:00 Needleworks Live 11:30 Simple Tai Chi Live 12:00 Current Events Group Live <a href="#">1:00 Artistic Expressions Zoom</a> 1:30 Beginner Spanish: Lesson 4 3:00 Sing Along</p>	<p><b>27</b> 9:45 Weights &amp; Bands Exercise 1:00 Connect 1:00 Movie: <i>The Last Letter from Your Lover</i> <a href="#">2:00 Guitar Music w/ Pete Zoom</a> 3:00 HUGS; Happy Ukulele Group</p>	<p><b>28</b> 9:45 Total Fitness w/ Grace 10:00 Guy Time 11:30 Simple Tai Chi 1:00 Fab Foods 4 You 3:00 Line Dancing</p>	<p><b>29</b> 9:45 Chair Exercise DVD 10:00 Choir 11:00 Tech Assistance 12:30-3:30 Cards &amp; Games</p>