



## Message from Dr. Faffer

Dear Friends,



I am so excited to welcome you back on August 2<sup>nd</sup>! We have had a great time with our Zoom programming over the last 16 months, but nothing can take the place of being together at Naples Senior Center.

Naples Senior Center is committed to providing our programs and services to you in the safest and healthiest manner.

To achieve that goal, we will do the following:

- Strongly encourage our members and clients to take the Covid 19 vaccination.
- Ask you if you have received the vaccine, and if not, our policy is: To require all un-vaccinated individuals to be masked and practice social distancing while at NSC
- All members will have their temperatures checked upon arrival, and will be asked to fill out a form about potential Covid 19 exposure, as well as information about physical well-being and travel.
- Any person having a fever, not feeling well, or having been exposed to Covid 19 will not be able to attend NSC until all issues are resolved.

We know some of you have made your appointments to come in beginning July 13th, and some of you are in the process of making those appointments. We hope you will come in as planned, and continue to make your appointments. We will be updating your membership and going over our safety protocols with you during your appointments.

I can't wait to welcome you back on August 2<sup>nd</sup>.

Warmest Regards,

Dr. Jaclynn Faffer

## New Programs & Presentations

**Eastern Europe: The Former Iron Curtain Countries Of Belarus, Ukraine, Moldova And Transnistria: Travelogue - LIVE**  
Monday Aug 16 at 3pm

After decades under Soviet rule and the horrible tragedies during WWII, visit to these independent countries that are now rapidly catching up with the rest of Europe.

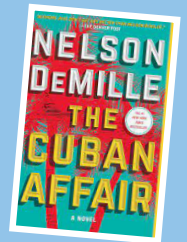


**Book Club**  
Thursday August 19 at 1pm

Join us for a book discussion of  
The Cuban Affair

by Nelson DeMille

Nelson DeMille's blistering new novel features an exciting new character—US Army combat veteran Daniel "Mac" McCormick, now a charter boat captain, who is about to set sail on his most dangerous cruise.



**Fraud & Scams Update w/ Collier Co Sheriff**  
Wednesday August 18 at 1pm

Join Angela Larson, Supervisor of the Victim and Senior Advocacy Unit since August 2003, as she discusses scams that are currently affecting the senior population and how to identify fraud. She is certified by the State of Florida as a Crime Prevention Practitioner, Elder Crime Prevention Practitioner and Victim Services Practitioner.

**Recipe Room 2 part Series - LIVE**  
Thursdays Aug 5 & 12 at 1pm

It's like book club, but for cooking! Facilitator to pick 1 fairly simple recipe each month to share with members and return next week and see if and how everyone liked it and if they created any variations.

**Fab Foods 4 U - ZOOM**  
Thursday Aug 26 at 1pm

Join Brittany Lopez as she talks about how to eat healthy on a budget!

# August Programming

## MUSIC & MORE



### Drum Circle - **LIVE**

Mondays Aug 2, 9, 23 & 30 at 3pm

Drum circles have been around for millennium, but recent research points to possible mental and physical health benefits. Come beat a drum, it will make you smile, help you release tension and make new friends.

### Sing Along - **LIVE**

Tuesdays Aug 3, 10, 17, 24 & 31 at 3pm

Bonita is bringing the center back to life. Come and share your voice!

### Choir Practice - **LIVE**

Wednesdays Aug 4, 11, 18 & 25 at 10:15am

Dottie Jackson returns to lead this vocal group. Past members and newbies invited!

### HUGS – Happy Ukulele Group

**ZOOM ONLY** – Wednesdays Aug 4 & 25 at 3pm

Bring your own ukulele or come to watch and listen!

**LIVE** – Wednesdays Aug 11 & 18 at 3pm

Zoom in w/ group is still available

### Line Dancing - **LIVE**

Thursdays Aug 5, 12, 19 & 26 at 3pm

Step on into the center and join the group for some rootin' tootin' 2-step!

### Music w/ Dottie & Bruce - **LIVE**

Fridays Aug 13 & 27 at 3pm

Get into the groove!

## ARTISTIC OUTLETS



### Needleworks

**LIVE** - Tuesdays Aug 3, 17, & 31 at 11am

**ZOOM** - Tuesdays Aug 10 & 24 at 10am

### Artistic Expression - **ZOOM**

Tuesdays at 1pm

### Arts & Crafts - **LIVE**

Tuesday Aug 24 at 2pm

Let's get beachy! Shell craft

### Imaginative Art from the Heart - **LIVE**

Fridays Aug 6 & 20

Join Marcy for outside the box art programs that are designed from your own imagination!

### Watercolor & Adult Coloring - **LIVE**

Tuesday Aug 10 at 2pm

Fridays Aug 27 at 1pm

WC - Bring your current project, paint and brushes to water color painting. Adult Coloring supplies provided.

### Acrylics w/ Robyn - **LIVE**

Thursday Aug 12 & 26 at 10:30am

This is the place to be for fun and art. We take you step by step (beginners too) through the project with specific instruction and lots of laughs. At the end, voila! You have your very own masterpiece!

### Creative Cards - **LIVE**

Friday Aug 13 at 1pm

Design your own greeting cards. Instruction led by Delores Fell.

## EXERCISE/FITNESS



### Exercise DVD

**ZOOM** – Mondays Aug 2, 9, 16, 23, & 30 at 10am

**LIVE** – Tuesdays Aug 3, 10, 17, 24 & 31 at 9:45am

**LIVE** – Wednesdays Aug 4, 11, 18, & 25 at 10am

**LIVE** – Thursdays Aug 5, 12, 19, & 26 at 9:45am

**ZOOM** – Fridays Aug 6, 13, 20, and 27 at 10am

### Chair Yoga DVD

**ZOOM** – Mondays, Wednesdays at 11am

**LIVE** – Fridays at 11am

## LEARNING LAB



### TECH ASSISTANCE - **LIVE**

Explore your iPhone, iPad or Smartphone

Wednesdays Aug 4 & 18 at 11:30am

### Computer Assistance

Fridays Aug 6 & 20 at 11:30am

Bring your smartphone, tablet or laptop and let's answer your questions. Our volunteers will be on hand to help you navigate your device, including the camera, and teach you a few tricks as well.

### SPANISH CLASSES - **ZOOM**

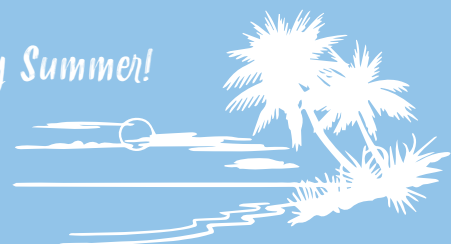
Spanish I – Fridays at 10am

Spanish II – Mondays at 2:30pm

*Both classes led by The Great Courses.*



Happy Summer!



# Additional August Programs

## Social Groups

### Current Events w/ Sandy

**ZOOM** - Tuesdays Aug 3, 17, & 31 at 12pm

**LIVE** - Tuesdays Aug 10 & 24 at 12pm

News articles will be provided for each meeting. Please read and join the conversation.

August 3:

Tax the Rich/Unemployment - Broken

August 10:

China:Taiwan S.China Sea/US Education vs. World

August 17:

Food Delivery – David vs. Goliath/Freedom of Speech

August 24:

Artificial Intelligence/People are Collecting Collectables Less

August 31:

Sanctuary City/ Supply Chains - Transitory vs. Permanent



## Connect **LIVE**

Wednesdays Aug 11 & 25 at 1pm

No family in the area? Feeling isolated? Living alone without spouse or adult children? Meet others in similar situations in a safe, cozy, volunteer-led group. Come and make new friends.

## Guy Time

**LIVE** - Thursdays Aug 5 & 19 at 11am

**ZOOM** - Thursdays Aug 12 & 26 at 11am

This is an opportunity for some male bonding and meeting new male friends. Come on men, meet with the Guys and share coffee, cookies and conversation.

## MOVIE MATINEE **LIVE**



### Wed August 4 at 2:30pm: Ice Road

After a remote diamond mine collapses in the far northern regions of Canada, an ice driver leads an implausible rescue mission over a frozen ocean to save the lives of trapped miners despite thawing waters and a threat they never see coming.

### Fri August 6 at 3pm: Blue Miracle

To save their cash-strapped orphanage, a guardian and his kids partner with a washed-up boat captain for a chance to win a lucrative fishing competition.

### Fri August 20 at 3pm: Penguin Bloom

Samantha Bloom breaks her back in an accident and is paralyzed from the chest down. A year later, her children bring home an injured magpie they have found. She cautiously approaches the magpie and begins to get acquainted with the new family member.

### Wed August 25 at 2:30p: The Red Sea Diving Resort

International agents and brave Ethiopians use a deserted retreat in Sudan as a front to smuggle thousands of refugees to Israel in the early 1980s.

## STILL ZOOMING

### Talk and Tour - Mondays at 1pm - **ZOOM**

August 2: Rising Dragon (Vietnam)

August 9: India

August 16: Jerusalem

August 23: Jamaica

August 30: Bulgariat



### Guitar w/ Pete - **ZOOM**

Wednesdays at 2pm

### Thursdays, 11:00 Mixed Entertainments: The Everyday Guide to Wine - **ZOOM**

Take a tasting tour of the world and learn how to speak the language of wine with an acclaimed Master of Wine

August 5: Wines of Northern Italy

August 12: Wines of Southern Italy

August 19: The Tastes of Germany & Austria

August 26: The Tastes of Spain & Portugal

### Fridays, 2:00 History Talk - **ZOOM**

August 6: Modern Marvels - How Coffee is Made

August 13: Modern Marvels - Evolution of the Butcher

August 20: Modern Marvels - How Sugar is Made

August 27: Modern Marvels - How Supermarkets Operate

## Zoom Meetings

Now that NSC is able to offer live programming, Zoom meetings will be held on a limited and hybrid basis. Please check the calendar for noted virtual programs. Please see The Naples Senior Center website, NSC Facebook page or the weekly Constant Contact e-mail for a weekly list of times and links to these programs. [NaplesSeniorCenter.org](http://NaplesSeniorCenter.org) | [facebook.com/NaplesSeniorCenter/](https://facebook.com/NaplesSeniorCenter/)

For information regarding any program, please contact:

[Astith@naplesseniorcenter.org](mailto:Astith@naplesseniorcenter.org) or [Mschierbaum@naplesseniorcenter.org](mailto:Mschierbaum@naplesseniorcenter.org) | 239-325-4444

## PLEASE PRE-REGISTER FOR ALL PROGRAMS

During the first few months of open doors, the Senior Center will open at a limited capacity. In August, members will be limited to ONE calendar program per day in an effort to accommodate and be fair to as many members as possible. We request that attendees show-up as close to program start time as possible and vacate the building once the program has finished.

Members will be able to sign-up for programs only one week in advance on Wednesdays by calling the Senior Center. Online sign-up will not be available. Your cooperation and contribution to our successful reopening is greatly appreciated!

## Not able to visit NSC? Need Someone to Chat With?

NSC volunteers are available to call you weekly to chat. Phone buddies are experiencing interesting conversations and creating new friendships. To join in, just give a call to the senior center at **239-325-4444** and let them know you want to be included on the volunteer call list.



## Need a little bit more?

Our Just Checking program provides a daily reassurance call in the morning to check-in and start your day off the right way. If you would like to join this new program, please call us.

## TRANSPORTATION

For Collier Area Transportation to the Senior Center call **239-252-7272**. If you haven't signed up call Naples Senior Center and we can help you get registered.

## FOLLOW US



naplesseniorcenter



info@naplesseniorcenter.org



www.NaplesSeniorCenter.org



239-325-4444



Facebook page - Naples Senior Center at JFCS

Naples Senior Center at JFCS supports individuals and families of all ages by providing a wide range of social services including: Naples Senior Center, Dementia Respite, Geriatric Case Management and Senior Outreach, Emotional Support Services, and a Food Pantry.

If you or a family member needs help or information, call us at **239-325-4444**. Our expert staff are here to help.

Dr. Jaclynn Faffer, President/CEO

Wanda Rodriguez, Chief Financial Officer, CFO

Anne Chernin, MSW, MBA, Director of Special Programs

Amanda Stith, Senior Center Manager

Peggy Shupp, Volunteer Services Manager

Valerie Grodzki, Manager of Operations

Jayne Schandl, Development Database Manager

Simona Staicu-Levy, Dementia Program Coordinator

Darlene Holan, Clinical Social Worker

Mary Beth Schrowang, Clinical Social Worker

Pam Malamphy, Food Pantry Coordinator

Jodi Rubenstein, Geriatric Case Manager

Katie Slominski, Geriatric Case Manager

Marissa Luizzi, Music Therapist

Anne Marie Greaves, Staff Accountant

Renee Del Duca, Executive Assistant

Holly Henderson, Administrative Assistant

Mary Schierbaum, Senior Center Receptionist