



Naples Senior Center | July 2021

Mon	Tue	Wed	Thur	Fri
	<p>5025 Castello Drive Naples, FL 34103 239-325-4444</p> <p>https://www.naplesseniorcenter.org/senior-center/</p>	<p>Senior Center Re-Opens Monday August 2nd! Pre-Register Early</p> <p>Tuesday July 13 - 9:30am-4:30pm Thursday July 15 - 9:30am-4:30pm Friday July 16 - 9:30am-4:30pm Tuesday July 20 - 9:30am-4:30pm Thursday July 29 - 9:30am-4:30pm Friday July 30 - 9:30am-4:30pm Monday Aug 2 - 11am-2pm</p>	<p>1</p> <p>9:45 Stretch DVD 10:00-12:00 Guy Time 11:00 Everyday Guide to Wine 1:00 The Science of Extreme Weather</p>	<p>2</p> <p>10:00 Strength Exercise 10:00 Spanish I Beginners: Lesson 18 11:00 Yoga <u>1:00</u> History Talk: The San Andreas Fault: Disaster About to Strike How the Earth Was Made</p>
<p>5</p>  <p>CLOSED in OBSERVANCE OF INDEPENDENCE DAY</p>	<p>6</p> <p>9:45 Stretch DVD 10:00 Strength Exercise 12:00 Current Events Group 1:00 Artistic Expressions <u>1:00</u> Movie: After the Sunset</p>	<p>7</p> <p>10:00 Strength Exercise 11:00 Yoga 1:00 Connect 2:00-2:30 Guitar Music w/ Pete 3:00 HUGS: Happy Ukulele Group</p>	<p>8</p> <p>9:45 Stretch DVD 10:00-12:00 Guy Time 11:00 Everyday Guide to Wine <u>1:00</u> Fix It Fast, Eat at Home</p>	<p>9</p> <p>10:00 Strength Exercise 10:00 Spanish I Beginners: Lesson 19 11:00 Yoga <u>1:00</u> History Talk: Hunting Massive Pythons in the Glades</p>
<p>12</p> <p>10:00 Strength Exercise 11:00 Yoga <u>1:00</u> Talk and Tour: Mongolia <u>1:30</u> Arts & Crafts w/ Kathy 2:30 Spanish II: lesson 16</p>	<p>13</p> <p>9:45 Stretch DVD 10:00 Strength Exercise 12:00 Current Events Group 1:00 Artistic Expressions <u>1:00</u> Movie: Calendar Girls</p>	<p>14</p> <p>10:00 Strength Exercise 11:00 Yoga 1:00 Connect 2:00-2:30 Guitar Music w/ Pete 3:00 HUGS: Happy Ukulele Group</p>	<p>15</p> <p>9:45 Stretch DVD 10:00-12:00 Guy Time 11:00 Everyday Guide to Wine <u>1:00</u> Book Club: The Vanishing Half</p>	<p>16</p> <p>10:00 Strength Exercise 10:00 Spanish I Beginners: Lesson 20 11:00 Yoga <u>1:00</u> History Talk: Modern Marvels: Experience the Flight of Apollo 11</p>
<p>19</p> <p>10:00 Strength Exercise 11:00 Yoga <u>1:00</u> Talk and Tour: The Caribbean 2:30 Spanish II: lesson 17</p>	<p>20</p> <p>9:45 Stretch DVD 10:00 Strength Exercise 12:00 Current Events Group 1:00 Artistic Expressions <u>1:00</u> Movie: True Lies</p>	<p>21</p> <p>10:00 Strength Exercise 11:00 Yoga 1:00 Connect 2:00-2:30 Guitar Music w/ Pete 3:00 HUGS: Happy Ukulele Group</p>	<p>22</p> <p>9:45 Stretch DVD 10:00-12:00 Guy Time 11:00 Everyday Guide to Wine <u>1:00</u> Fab Foods 4 You</p>	<p>23</p> <p>10:00 Strength Exercise 10:00 Spanish I Beginners: Lesson 21 11:00 Yoga <u>1:00</u> History Talk: Modern Marvels: The Construction of the Panama Canal</p>
<p>26</p> <p>10:00 Strength Exercise 11:00 Yoga <u>1:00</u> Talk and Tour: Portugal 2:30 Spanish II: lesson 18</p>	<p>27</p> <p>9:45 Stretch DVD 10:00 Strength Exercise 12:00 Current Events Group 1:00 Artistic Expressions <u>1:00</u> Movie: In Her Shoes</p>	<p>28</p> <p>10:00 Strength Exercise 11:00 Yoga 1:00 Connect 2:00-2:30 Guitar Music w/ Pete 3:00 HUGS: Happy Ukulele Group</p>	<p>29</p> <p>9:45 Stretch DVD 10:00-12:00 Guy Time 11:00 Everyday Guide to Wine 1:00 The Science of Extreme Weather</p>	<p>30</p> <p>10:00 Strength Exercise 10:00 Spanish I Beginners: Lesson 22 11:00 Yoga <u>1:00</u> History Talk: Modern Marvels: Nutritional Wonders of Nuts</p>