

# May 2021 Activities Calendar

Mon	Tue	Wed	Thurs	Fri
<p><b>3) 10:00- Strength Exercise</b> 11:00– Yoga 1:00– Talk and Tour: Bali 2:30 - Spanish II: lesson 8</p>	<p><b>4) 9:45-Stretch Exercise</b> 10:00-Strength Exercise 12:00– Current Events Group 1:00– Artistic Expressions 1:00–Movie: French Kiss</p>	<p><b>5) 10:00– Strength Exercise</b> 11:00- Yoga 1:00– Connect 2:00-2:30– Guitar Music w/ Pete 3:00– HUGS; Happy Ukulele Group</p>	<p><b>6) 9:45– Stretch Exercise</b> 10:00-12:00– Guy Time 11:00– Music and the Brain 1:00– The Science of Extreme Weather</p>	<p><b>7) 10:00 - Strength Exercise</b> 10:00-Spanish I Beginners: lesson 10 11:00- Yoga 1:00– History Talk: Creation of the Great Lakes</p>
<p><b>10) 10:00- Strength Exercise</b> 11:00– Yoga 1:00–Talk and Tour: Fire &amp; Ice (Iceland) 2:30- Spanish II Advanced: 9</p>	<p><b>11) 9:45-Stretch Exercise</b> 10:00-Strength Exercise 12:00– Current Events Group 1:00– Artistic Expressions 1:00–Movie: Cat On A Hot Tin Roof</p>	<p><b>12) 10:00– Strength Exercise</b> 11:00- Yoga 1:00– Connect 2:00-2:30– Guitar Music w/ Pete 3:00– HUGS; Happy Ukulele Group</p>	<p><b>13) 9:45– Stretch Exercise</b> 10:00-12:00– Guy Time 11:00– Music and the Brain 1:00– Birds without Effort</p>	<p><b>14)10:00 - Strength Exercise</b> 10:00-Spanish I Beginners: lesson 11 11:00- Yoga 1:00– History Talk: Wood: The Building Block of America</p>
<p><b>17) 10:00- Strength Exercise</b> 11:00– Yoga 1:00– Talk and Tour: Cape Town 2:30 - Spanish II: lesson 10</p>	<p><b>18) 9:45 Stretch Exercise</b> 10:00-Strength Exercise 12:00– Current Events Group 1:00– Artistic Expressions 1:00– Movie: White Squall</p>	<p><b>19) 10:00– Strength Exercise</b> 11:00- Yoga 1:00– Connect 2:00-2:30– Guitar Music w/ Pete 3:00– HUGS; Happy Ukulele Group</p>	<p><b>20) 9:45– Stretch Exercise</b> 10:00-12:00– Guy Time 11:00– Music and the Brain 1:00– Book Club: <i>When We Left Cuba</i></p>	<p><b>21) 10:00 - Strength Exercise</b> 10:00-Spanish I Beginners: lesson 12 11:00– Yoga 1:00– History Talk: Lost Worlds: Al Capone’s Secret City of Chicago</p>
<p><b>24) 10:00- Strength Exercise</b> 11:00– Yoga 1:00– Talk and Tour: New England 2:30 - Spanish II: lesson 11</p>	<p><b>25) 9:45—Stretch Exercise</b> 10:00-Strength Exercise 12:00– Current Events Group 1:00– Artistic Expressions 1:00–Movie: Something’s Gotta Give</p>	<p><b>26) 10:00– Strength Exercise</b> 11:00- Yoga 1:00– Connect 2:00-2:30– Guitar Music w/ Pete 3:00– HUGS; Happy Ukulele Group</p>	<p><b>27) 9:45– Stretch Exercise</b> 10:00-12:00– Guy Time 11:00–Music and the Brain 1:00– The Science of Extreme Weather</p>	<p><b>28) 10:00 - Strength Exercise</b> 10:00-Spanish I Beginners: lesson 13 11:00– Yoga 1:00– History Talk: Washington Leads the Revolution</p>
 <p><b>MEMORIAL DAY</b> REMEMBER &amp; HONOR</p>		 <p><b>NAPLES SENIOR CENTER</b> A NEW ERA FOR SENIORS</p>		<p><b>5025 Castello Drive</b> Naples, FL 34103 239-325-4444 <a href="https://www.naplesseniorcenter.org/senior-center/">https://www.naplesseniorcenter.org/senior-center/</a></p>