

Mon	Tue	Wed	Thurs	Fri
<p><b>1) 10:00- Strength Exercise</b> 11:00– Yoga 1:00– Talk and Tour: The Best of Morocco 1:30-Tai Chi for Seniors 2:30 -Spanish I Advanced: 29</p>	<p><b>2) 9:45-Ex. for Life w/ Linda</b> 10:00-StrengthExercise 12:00– Current Events Group 1:00– Artistic Expressions 1:00–Movie: Eat, Pray, Love</p>	<p><b>3) 10:00– Cardio w/ Grace</b> 11:00- Yoga 11:00– Fireside Chat w/ Dr. Fauci 1:00– Connect 2:00-2:30– Guitar Music w/ Pete 3:00– HUGS; Happy Ukulele Group</p>	<p><b>4) 9:45– Ex. for Life w/ Linda</b> 10:00-12:00– Guy Time 11:00– Mythology of China 1:00– Genealogy 1 &amp; 2</p>	<p><b>5)10:00 - Strength Exercise</b> 10:00-Spanish I Beginners: lesson 1 11:00- Yoga 1:00– History Talk: The Real Jane Austin 1:30-Tai Chi for Seniors</p>
<p><b>8) 10:00- Strength Exercise</b> 11:00– Yoga 1:00–Talk and Tour: Costa Rica 1:30-Tai Chi for Seniors 2:30- Spanish I Advanced: 30</p>	<p><b>9) 9:45-Ex. for Life w/ Linda</b> 10:00-Strength Exercise 12:00– Current Events Group 1:00– Artistic Expressions 1:00–Movie: Radium Girls</p>	<p><b>10) 10:00– Cardio w/ Grace</b> 11:00- Yoga 11:00– Twins in Space 1:00– Connect 2:00-2:30– Guitar Music w/ Pete 3:00– HUGS; Happy Ukulele Group</p>	<p><b>11) 9:45– Ex. for Life w/ Linda</b> 10:00-12:00– Guy Time 11:00– North American Myths 1:00– Genealogy 3 &amp; 4</p>	<p><b>12)10:00 - Strength Exercise</b> 10:00-Spanish I Beginners: lesson 2 11:00- Yoga 1:00– History Talk: The Real Mary Poppins 1:30-Tai Chi for Seniors</p>
<p><b>15) 10:00- Strength Exercise</b> 11:00– Yoga 1:00– Talk and Tour: Key West and Dry Tortugas 1:30-Tai Chi for Seniors 2:30 - Spanish II: lesson 1</p>	<p><b>16) 9:45-Ex. for Life w/ Linda</b> 10:00-Strength Exercise 12:00– Current Events Group 1:00– Artistic Expressions 1:00– Movie: Penguin Bloom</p>	<p><b>17) 10:00– Cardio w/ Grace</b> 11:00- Yoga 11:00– Future of Age Friendly Communities 1:00– Connect 2:00-2:30– Guitar Music w/ Pete 3:00– HUGS; Happy Ukulele Group</p>	<p><b>18) 9:45– Ex. for Life w/ Linda</b> 10:00-12:00– Guy Time 11:00– Aztec and Incan Myths 1:00– Genealogy 5 &amp; 6 1:00– Book Club: <i>Ordinary Grace</i></p>	<p><b>19) 10:00 - Strength Exercise</b> 10:00-Spanish I Beginners: lesson 3 11:00– Yoga 1:00– History Talk: Biography Lucille Ball 1:30-Tai Chi for Seniors</p>
<p><b>22) 10:00- Strength Exercise</b> 11:00– Yoga 1:00– Talk and Tour: Wee Trip to Scotland 1:30-Tai Chi for Seniors 2:30 - Spanish II: lesson 2</p>	<p><b>23) 9:45—Ex. for Life w/ Linda</b> 10:00-Strength Exercise 12:00– Current Events Group 1:00– Artistic Expressions 1:00– Movie: Wish Man</p>	<p><b>24) 10:00– Cardio w/ Grace</b> 11:00- Yoga 11:00– Sleep and Aging 1:00– Connect 2:00-2:30– Guitar Music w/ Pete 3:00– HUGS; Happy Ukulele Group</p>	<p><b>25) 9:45– Ex. for Life w/ Linda</b> 10:00-12:00– Guy Time 11:00–Mythology of Japan 1:00– Genealogy 7 &amp; 8 1:00– Collier Pollution Control</p>	<p><b>26) 10:00 - Strength Exercise</b> 10:00-Spanish I Beginners: lesson 4 11:00– Yoga 1:00– History Talk: Biography Frida Kahlo 1:30-Tai Chi for Seniors</p>
<p><b>29) 10:00- Strength Exercise</b> 11:00– Yoga 1:00– Talk and Tour: Namibia 1:30-Tai Chi for Seniors 2:30 - Spanish II: lesson 3</p>	<p><b>30) 9:45—Ex. for Life w/ Linda</b> 10:00-Strength Exercise 12:00– Current Events Group 1:00– Artistic Expressions 1:00–Movie: Quigley Down</p>	<p><b>31) 10:00– Cardio w/ Grace</b> 11:00- Yoga 11:00– Digital Revolution &amp; Aging 1:00– Connect 2:00-2:30– Guitar Music w/ Pete 3:00– HUGS; Happy Ukulele Group</p>	<p><b>5025 Castello Drive Naples, FL 34103 239-325-4444</b> <a href="https://www.naplesseniorcenter.org/senior-center/">https://www.naplesseniorcenter.org/senior-center/</a></p>	