

Mon	Tue	Wed	Thurs	Fri
<p><b>5025 Castello Drive Naples, FL 34103 239-325-4444</b></p>	<p><i>* Class has Limited Seating Must be Pre-registered.</i></p> <p><i>** Class is full</i></p> <p><i>*** Mah Jongg Lessons must sign up with Mary at the front desk. Prior to start of lessons</i></p>	<p><b>1)</b></p> <p><b>Closed for Holiday - Happy New Year</b></p>	<p><b>2)</b>9:45-11:00: Guy Time 10-11:00: Farm to Table 11:15-12:15: Writing for Beginners (1-6) 12-12:50: Get Fit Exercise 1-2:15: Crafts 1-1:45: Beginning Line Dancing 1:45-2:30: Intermediate Line Dancing 2:30-4:30: Writer's Workshop Memoirs** 3:00-3:45: Ballroom Dancing</p>	<p><b>3)</b> 9:30-10:15: Intro to Tai Chi (1-5) 10:30-11:15: Tai Chi One (1-9) 10:15-11:45: Explore your iPhone and iPad 11:30-12:15: Chair Yoga 12:30-3:30: Games and Cards 1:30-3:30: Mah Jongg Lessons** (1-6)</p>
<p><b>6)</b> 10-12: Art Class* 10:45-11:30: Chair Stretch Video 11:45-12:45: AFEP Exercise 1-3: Movie: "Tall Girl" 1:30-3:00: Bereavement Group - must pre-register 3:00-3:45: Drum Circle 3:30-4:30:Coping w/ Transitions Group</p>	<p><b>7)</b> 9:45-11:45: Water Color 10-12: Needle Works 10:30-11:30: Spanish &amp; Conversation #1 11-1:00: Needle Point 11:30-12:30: Zip Code Social: 34104 12:00-12:45: Complete Mix Exercise 1:15-3:15: Acrylics Workshop 1:30-2:15:Tai Chi Two 2:30-3:30: Beginning Line Dancing 3:30-4:15: Sing-a-Long</p>	<p><b>8)</b> 9:30-10:15: Choir Practice 11-1: Lunch and More – NSC Guest Speakers 1-2: Collier County Sheriff (by appt.) 1:00-2:30: Computer Assistance 1:15-2:15: Senior Power Series -Lecture 1 1:15-2:15: Connect 2:30-4:30: Artistic Expressions 3:00-4:30: Happy Ukulele Group</p>	<p><b>9)</b> 9:45-11:00: Guy Time 10-11:00: Farm to Table 11:15-12:15: Writing for Beginners (2-6) 12-12:50: Get Fit Exercise 1-2:15: Veterans in Paradise (VIP) 1-2:15: Crafts 1-1:45: Beginning Line Dancing 1:45-2:30: Intermediate Line Dancing 2:30-4:30: Writer's Workshop Memoirs** 3:00-3:45: Ballroom Dancing</p>	<p><b>10)</b> 9:30-10:15: Intro to Tai Chi (2-5) 10:30-11:15: Tai Chi One (2-9) 10:15-11:45: Explore your iPhone and iPad 11:30-12:15: Chair Yoga 12:30-3:30: Games and Cards 1:30-3:30: Mah Jongg Lessons** (2-6)</p>
<p><b>13)</b> 10-12: Art Class* 10:45-11:30: Chair Stretch Video 11:45-12:45: AFEP Exercise 1-3: Movie: "First Wives Club" 1:30-3:00: Bereavement Group - must pre-register 3:30-4:30:Coping w/ Transitions Group</p>	<p><b>14)</b> 9:45-11:45: Water Color 10-12: Needle Works 10:30-11:30: Spanish &amp; Conversation #2 11-1:00: Needle Point 11:30-12:30: Zip Code Social: 34105 12:00-12:45: Complete Mix Exercise 1:00-2:00: Newbies Social Hour 1:30-2:15: Tai Chi Two 2:30-3:30: Beginning Line Dancing 3:30-4:15: Sing-a-Long</p>	<p><b>15)</b> 9:30-10:15: Choir Practice 10-11:30: Paratransit 10:00-11:00: Brain Games 11-1: Lunch and More—League of Women Voters 1:00-2:30: Computer Assistance 1:15-2:15: Chet Young on NASA 2:30-4:30: Artistic Expressions 3:00-4:30: Happy Ukulele Group</p>	<p><b>16)</b> 9:45-11:00: Guy Time 10-11:30: Climbing the Himalayans 11:15-12:15: Writing for Beginners (3-6) 12-12:50: Get Fit Exercise 1-2:15: Crafts 1-1:45: Beginning Line Dancing 1:45-2:30: Intermediate Line Dancing 2:30-4:30: Writer's Workshop Memoirs**3:00-3:45: Ballroom Dancing</p>	<p><b>17)</b> 9:30-10:15: Intro to Tai Chi (3-5) 10:30-11:15: Tai Chi One (3-9) 10:15-11:45: Explore your iPhone and iPad 11:30-12:15: Chair Yoga 12:30-3:30: Games and Cards 1:30-3:30: Mah Jongg Lessons** (3-6)</p>
<p><b>20)</b></p> <p><b>Closed for Holiday - Martin Luther King Day</b></p>	<p><b>21)</b> 9:45-11:45: Water Color 10-12: Needle Works 10:30-11:30: Spanish &amp; Conversation #3 11-1:00: Needle Point 11:30-12:30: Zip Code Social: 34106 &amp; 34108 12:00-12:45: Complete Mix Exercise 1:00-2:30: Book Club 1:30-2:15:Tai Chi Two 2:30-3:30: Beginning Line Dancing 3:30-4:15: Sing-a-Long</p>	<p><b>22)</b>9:30-10:15: Choir Practice 9:30-11:00: SHINE 10:00-11:00: Brain Games 11:00-1:00: Amplified Phones (by apt.) 11-1: Lunch and More – NSC Choir 1:00-2:30: Computer Assistance 1:15-2:15: Connect 1:15-2:15: Travelogue: Mongolia - One Land, Two Worlds 2:30-4:30: Artistic Expressions 3:00-4:30: Happy Ukulele Group</p>	<p><b>23)</b> 9:45-11:00: Guy Time 10-11:00: Farm to Table 11:15-12:00: Drum Circle 11:15-12:15 : Writing for Beginners (4-6) 12-12:50: Get Fit Exercise 1-2:15: Crafts 1-1:45: Beginning Line Dancing 1:45-2:30: Intermediate Line Dancing 2:30-4:30: Writer's Workshop Memoirs** 3:00-3:45:Ballroom Dancing</p>	<p><b>24)</b> 9:30-10:15: Intro to Tai Chi (4-5) 10:30-11:15: Tai Chi One (4-9) 10:15-11:45: Explore your iPhone and iPad 11:30-12:15: Chair Yoga 12:30-3:30: Games and Cards 1:30-3:30: Mah Jongg Lessons** (4-6)</p>
<p><b>25)</b> 10-12: Art Class* 10:45-11:30: Chair Stretch Video 11:45-12:45: AFEP Exercise 1-3: Movie: "The Week Of.." 1:30-3:00: Bereavement Group - must pre-register 3:30-4:30:Coping w/ Transitions Group</p>	<p><b>26)</b>9:45-11:45: Water Color 10-12: Needle Works 10-11:30: Empty Bowls Painting 10:30-11:30: Spanish &amp; Conversation #4 11-1:00: Needle Point 11:30-12:30:Zip Code Social: 34112 12:00-12:45: Complete Mix Exercise 1:30-2:15:Tai Chi Two 2:30-3:30: Beginning Line Dancing 3:30-4:15: Sing-a-Long</p>	<p><b>27)</b>9:30-10:15: Choir Practice 11-1: Lunch and More – Florida Rx Cards 1:00-2:30: Computer Assistance 1:15-2:15: Clear Caption Phones 2:30-4:30: Artistic Expressions 3:00-4:30: Happy Ukulele Group</p>	<p><b>28)</b>9:45-11:00: Guy Time 10-11:00: Farm to Table 11:15-12:15 : Writing for Beginners (5-6) 12-12:50: Get Fit Exercise 1-2:15: Crafts 1-1:45: Beginning Line Dancing 1:45-2:30: Intermediate Line Dancing 2:30-4:30: Writer's Workshop Memoirs** 3:00-3:45: Ballroom Dancing</p>	<p><b>29)</b>9:30-10:15: Intro to Tai Chi (5-5) 10:30-11:15: Tai Chi One (5-9) 10:15-11:45: Explore your iPhone and iPad 11:30-12:15: Chair Yoga 12:30-3:30: Games and Cards 1:30-3:30: Mah Jongg Lessons** (5-6)</p>